

# What to Expect

The PLEA Supported Recovery Program is a 28 day residential program that provides you with a safe, supportive place to stay while stabilizing and working on your addiction treatment plan.

- You will be **living in a PLEA Caregiver Home**, (which may or may not be in Vancouver) and will be connected with a PLEA one-to-one worker.
- At intake, a PLEA worker **will discuss** your drug and alcohol history, **some personal information**, your goals and the specifics of the program.
- You will **be expected to follow curfew**, which will be set at intake.
- You may **bring up to two bags** to the home. If you have more belongings, please find an alternate place to store them.
- You will need to **not use alcohol or drugs for at least 72 hours** prior to intake, and must be committed to not using alcohol or drugs while in the program.
- If you smoke, **you must bring your own cigarettes**, as the program does not provide them.
- You will **receive \$15 a week allowance**, which you will receive at the end of each week, and you will receive **\$75 clothing allowance** at the end of your placement.

Once a bed becomes available, PLEA staff will contact you to arrange a time and place to meet to transport to the home.

If you have any questions, please call us at:

**604 708 2616**

or speak to your counsellor.

 | **Supported Recovery**

Transitional placements for youth focusing on addictions

Please note the images used by PLEA are stock images used solely for illustrative purposes. Any person depicted in the images is a model.

